

T/Sae/5/6/51

# AS IT IS

No. 1



THE ATTACK

THE FALL-OUT



Military spending now totals close  
to £1,000,000,000 a day while  
UNICEF, trying hard to help those  
children in the worst poverty, had  
a total income of £171 million in  
1981. That is the equivalent of  
4 hours 10 minutes military spending.

# THE AIM OF THE STATE IS CONTROL

teachers

church

prisons

work

school

computers

DESS

police

bosses

fashion

patriotism

nationalism

files

politicians

judges

parents

alienism

Other privileged users will be immigration police, special branch headquarters and the secret services.

The firmest assurance was that the 60,000 entries would be an upper limit at least for the time being, since that is the capacity of the CII-Honeywell-Bull computer called "Mini-60"

The old index includes nearly two million dusty, non-computerised cards.

AS IT IS produced by: Brian S. c/o 21 Greenheys Rd. L'pool 8.





PEACE NOT WAR

CO-OPERATION NOT COMPETITION

This society is planned, organised and administed. Out of economic necessity we comply. Call it a free country, from here it is not. One day it will be when we stop competing in order to survive. When we stop JUSTIFYING KILLING and when leaders, bosses and politicians are removed from their positions of power.

Unemployment, starvation and war are inevitable in this system, nothing will change while we continue to let others make the decisions.

ANARCHY NOT POWER



# A bargain at £1 m

By Donald Wintersgill,  
Art Sales Correspondent  
A PAINTING by Nicolas Poussin, the 17th-century French artist, has been bought for just over £1 million by the Walker Art Gallery, Liverpool, from the Earl of Derby.

The wealthiest one per cent owns more than the whole of the lower 99 per cent.



By Donald Wintersgill,  
Art Sales Correspondent  
A CHAIR made in about 1620 fetched £9,000 at Sotheby's yesterday. What excited the specialists was that it was made of mahogany. Furniture at that time was almost always made of oak.  
The buyer yesterday was a dealer, Mr Seton Willis, who will put it in his Elizabethan home, Littlecote House, at Hungerford, Berkshire.

**BANK BONANZA**  
Lloyds Bank yesterday announced an amazing profit—£13.4million up on the previous six months.





## Letters

### Salute to a

### fighting spirit

AS A keen hunter who has many a time ridden to hounds I must protest at the hysterical criticism of so-called "blood sports".

Britain is a nation born out of the brave, fighting spirit that the hunt exemplifies.

### BY DOUGLAS BENCE

MEAT from knackers' yards found its way on to more British tables last year—and netted a fortune for organised crime.

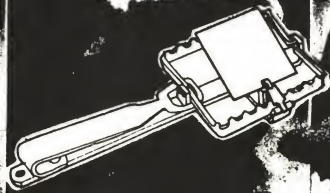
Up to 15,000 tons of condemned meat and horse meat was used to make sausages, hamburgers, and canned meals—enough to provide 110 million meals, two for every person in the country.

For the Royals are expected to shoot over 4,000 pheasants during the New Year holiday.

The Royal crackshots led by the World Wildlife Fund president, Prince Philip, have already bagged hundreds of birds at Windsor over Christmas.

And today they blast off on the Royal estate at Sandringham, Norfolk.

Animals.

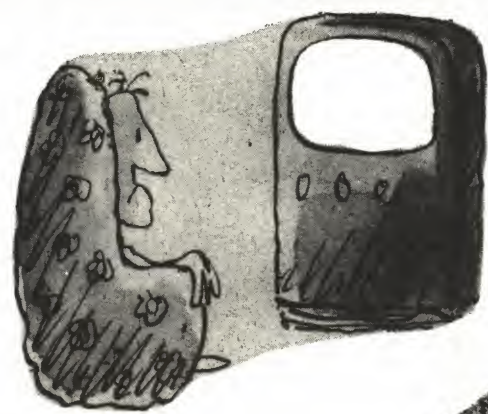






EVERYTHING YOU HEAR IS TRUE

Push the button, sit back, and pretend the world does not exist.





# NEW! ZEPHYR FLEXIBLE ROASTING RACK

Mrs. B. of Plymouth  
"It's fantastic—it's just what I've been looking for, for years".



This leucotomy multifocal leucocoagulation — involves inserting sheaves of gold wires attached to 4 mm long electrodes through the top of people's skulls into a wide area of their brain tissue. The surgeons leave the wires in place, sometimes for as long as six months. They then strap a large lead plate to the patient's arm to act as a cathode. When the current is turned on, brain tissue around the electrodes turns into juice. The operation was developed by Dr Harry Crow, a consultant psychiatrist at the Burden Neurological Hospital, near Bristol, where he continues to perform it today.

In a five-year study at Edinburgh University he operated on 18 people, several of them children. All epileptics, they were between 8 and 45 years old. Hitchcock drills a hole in the sides of the patient's skull just in front of the ear and then inserts electrodes. First he stimulates the brain with an electric current to locate the amygdala, thought to be the centre of aggression in mammals, then coagulates and destroys the tissue. "Five of the Edinburgh group were extremely restless and disturbed during the operation," he said. The psychologist who observed their behaviour during the operation recorded that they were "angry, shouting and swearing". "Three patients attempted to escape," Hitchcock told the meeting at the Royal Society. "It was very dramatic indeed."

## Do people talk about your kitchen?

I needed some persuasion to do this I must admit.



Yet, despite Crow's belief that free-hand leucotomies are obsolete, about one-third of the psychosurgery done in Britain

Outright winner in our Hoover competition, Mrs Margaret Kissane still involves free-hand knife sweeps, or slices through brain tissue after drilling burr holes through people's skulls. Surgeons perform the remaining two-thirds "stereotactically" — clamping the patient's head into a calibrated vice to make it possible for surgeons to spear specific spots in the brain, whether with electrodes or radioactive pellets.

But the fourth patient, according to Price, "was a complete failure. We repeated the leucotomy a second time. She remained unchanged." She had previously been discharged from Rampton on the recommendation of the Mental Health Review Tribunal. She was then ordered back by the courts and subsequently, according to Loughnane, became very aggressive towards patient and staff. She is in Rampton now.

## Pub offers patients £5 to go away

A GROUP of mentally handicapped holidaymakers and their nurses were refused a drink in a seaside pub, in Teignmouth, Devon. And the landlord, Mr Ian Pringle, offered a charge nurse £5 to take the group elsewhere. Now a director of the Royal Hotel, where the patients are staying, has attacked the "appalling reaction" and complained to Courage, the brewery which owns the pub, the New Quay Hotel.

The pub's landlady, Mrs Rita Pringle, said of Sunday night's incident: "We don't wish to appear un-Christian, but we have a business to run."

Mr Pringle was not available for comment, but his wife said: "Quite a few of the patients from the Royal Hotel came and were on their way to the bar. Numerous people around the bar said things like 'we have come for a holiday, not to be depressed.'"

Although one third of all NHS beds are in hospitals for mentally ill or mentally handicapped people, only 13% of the total NHS budget is spent on them.

One woman in eight and one man in twelve will be admitted to a mental hospital at least once.

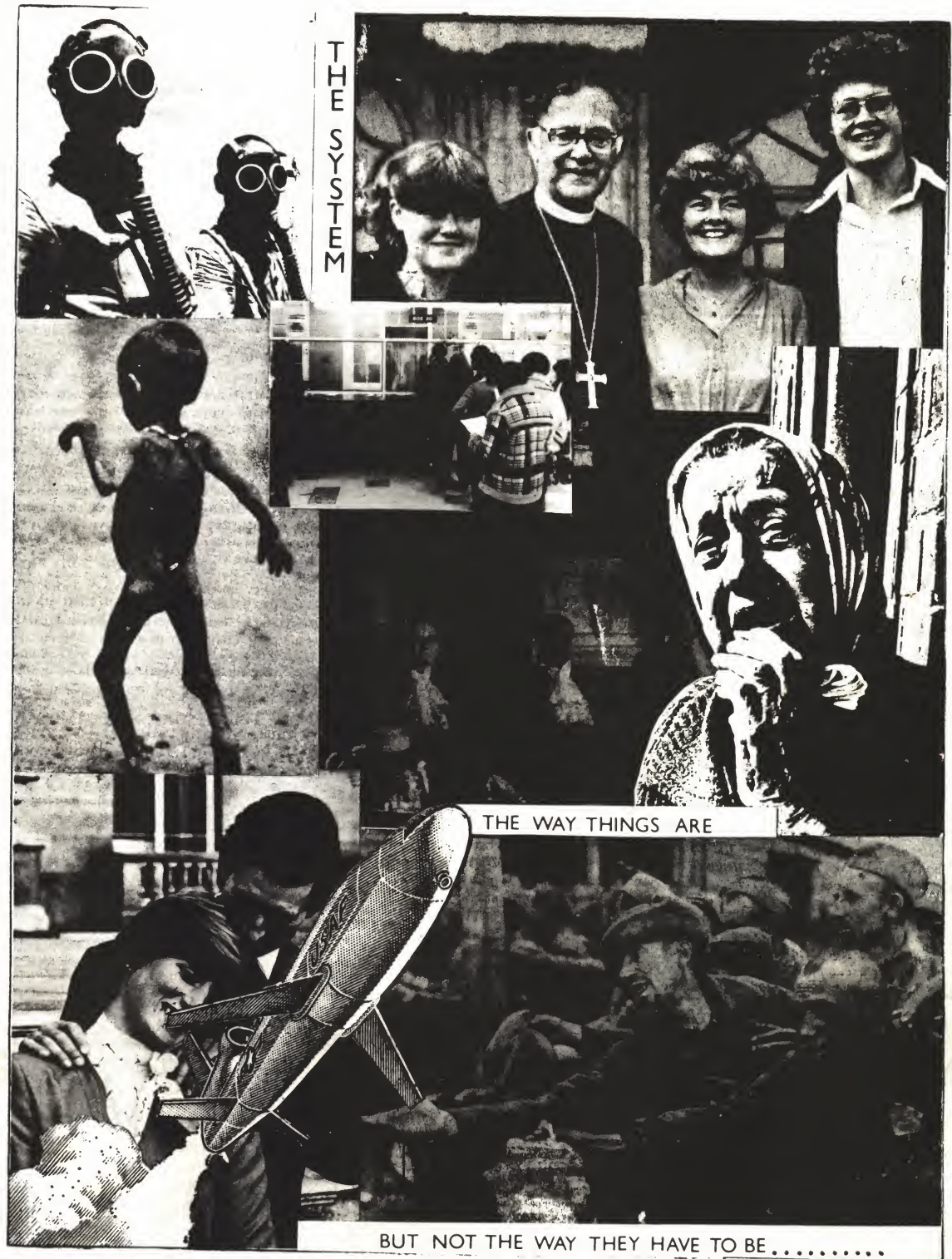
Nearly 30 million prescriptions for psychotropic drugs are issued in England every year.

**Persomnia**

For the mind

200 Snappies • Kitchen Roll • Good Bags • Kitchen Roll





THE  
SYSTEM

THE WAY THINGS ARE

BUT NOT THE WAY THEY HAVE TO BE.....



# ECT

## its very frightening

If you ever saw the film 'One flew over the Cuckoo's Nest' you might have thought it was about psychiatry as it was once. This could not be further from the truth. Psycho-surgery (removal of or destruction of part of the brain), ECT (Electro Convulsive Treatment) and dangerous drugs with damagingside effects are the main treatments still used today.

ECT is widely used in this country. The powers that be don't like this to be too well known and it's not the last resort most people presume it is. Questions in the House of Commons about how many ECT's are carried out a year, has resulted in us being told no records are available. A count could easily be done, but its not because the number would show the real extent of the use of ECT.

So what is ECT? The easiest way to explain it is by using an eye witness account;

"I was present at a hospital to see ECT in action. The patient, a small, rather nervous lady, was being treated for depression as an outpatient. She had been undergoing a course of treatment since September, but her attitude towards it was hesitant and unsure. In fact, the consultant psychiatrist remarked: "If you offered her a cup of tea she'd burst into tears." Evidently Mrs. X was undergoing ECT because the doctors had ordered it. Nearly everyone feels that the doctor knows best; this is particularly so when people feel they are "not quite right" not quite "normal". "In any case" the psychiatrist said, "if the patient or the relatives refuse ECT, we just send them home. If they don't accept the treatment we feel they ought to have, their relatives can take care of them." A matter of Hobson's choice.

Mrs. X lay down on the bed and was given an injection of pentathol, which put her to sleep. A muscle relaxant was administered to diminish the convulsions, and straps were passed across her chest and ankles. Electrodes were then placed on each side of her head. Quickly, a 250 volt electric current was passed through them. Her whole body twitched spasmodically. The psychiatrist placed his hand on her feet and pointed out the end of the spasm. Mrs. X would be given oxygen to bring her around, and later on a cup of tea. An ambulance would take her home.

An ex-medical student described it in this way;

"It's like changing the tracks on an LP record by bashing the stereo system," she said. "You get a different track, but you also damage the record. ECT causes memory loss by killing off neurons, the nerve cells in the brain responsible for the memory and learning process."

ECT is standard practice in the treatment of depression. It is used also on people who have been labelled schizophrenic.

# DEPRESSION = OPPRESSION



It is indisputable that ECT causes loss of memory. The conveyor belt treatment using ECT is simple and cheap and fits in nicely within the limitations that the National Health Service has to work in. No one will tell however about the side effects of a treatment that might cover up the symptoms but only at the expense of a person's mind and personality often being changed.

Presently going through Parliament is the Mental Health (Amendment) Bill, it is supposed to be progress, a step forward, but it is nothing of the sort. The laws regarding mental health are still contained even now in the Mental Health Act (1959). This act was never quite clear in the area about whether a person compulsorily detained can be given ECT without their consent. This new bill allows ECT to be given (with two doctors approval) to a person even if they don't agree. This clause over consent is horrifying, the thought of a person being given electric shocks to the brain against their will is sickening.

More and more psychiatry is rearing its ugly head higher and higher as the big Neo Church of today, dishing out more and more drugs, telling us we don't understand about these things, that we must leave it all in the hands of the experts, the trained psychiatrists. The concept of 'normality' must be questioned and psychiatry shown to be what it really is, an agency of social control.

"I once again find myself behind the walls, doors and four-inch-opening-windows of an insanity factory, Bin, Gov't Hidey-Hole for those who indulge in uninhibited actions and thoughts. My soul turns for those about me. The wandering ash-tray searchers; Institutionalised by controlled overdoses of Chlorpromazine and Mellerill. The unseeing Catatonic eyes of those who, Guinea-Pig Fashion, are given ECT; later to waken with throbbing headaches and to ask me my name when we had taken a stroll out the night before, laughing and remembering; now, a switch flick later, a friend becomes a guy walking and seeing, but no longer living - merely functioning, a puppet on 250 volt strings. And for those who dare do as I do, indulge in free speech and thoughts, there waits a hypodermic and a room containing a mattress, double locked door and wire across the windows." Thank to PROMPT



# LAW AND ORDER IN A NUCLEAR WAR

If war breaks out in Europe between NATO and the Warsaw Pact, the government has detailed plans for the maintenance of law and order whatever conditions may prevail. Originally war planners thought there would be some four weeks warning of a nuclear attack on Britain, however four days or less is the favorite idea. The first we civilians will know that the emergency plans are in force is when our telephones will be cut off. Only incoming calls from officialdom will ring our telephones, but the lines between the bunkers will be very busy - they are completely separate from the rest of the GPO network.

Three days before the attack, regular television and radio programmes will be replaced by the Official Broadcasting Service. Specially prepared films and tapes will be transmitted. The booklet 'Protect and Survive' will drop through your letter box. A film based on the booklet is ready now, for broadcasting with spoken commentary by Patrick Allen who also features on television advertising Barret houses.

The country will be split into regions, each with its Regional Commissioner appointed by Royal Warrant. He will rule his region with the Regional Military Commander plus a small staff. These individuals will replace 'democratic' government. Each local authority must nominate a Regional Controller, probably a chief executive or a chief clerk, who will have complete authority - and also a reserved place in the appropriate bunker. (3)

In 1980 a full dress rehearsal for wartime Britain was held. It was called Operation Square Leg. In Operation Square Leg, troops and police were deployed to stop people leaving the cities. Large quantities of CS gas (tear gas) were distributed to troops so that they could maintain order. 'Pacifists' and 'subversives' were rounded up, interned in camps and sometimes executed. (3)

The government has also mapped out Essential Service Routes, which will be closed to the public, and only available to authorised police and military vehicles. They include all motorways, main roads and ring roads of the major towns and cities. (4).. Circular ES/1/1979 demonstrates how food will be used to persuade people to stay where they are - "there would be no question of implementing emergency feeding arrangements during the pre-attack period for those persons who chose to ignore the governments advice to stay in their own homes".

Home Office Circular ES3/1976 contains detailed briefing material for Wartime Controllers, appointed by local authorities. 'Police actions would be backed by a regional system of courts with emergency powers.' The main target for this system would be 'anti social conduct of individuals'- suggesting those reluctant to comply with authority, rather than criminal elements. Probation, fines and prison sentences 'would no longer be effective'. 'Communal labour, restricted rations and exposure to public disapproval' would be considered more appropriate. However the regional commissioners, acting through their Commissioners of justice, could dish out any penalty they wished- including the death penalty. For crimes 'warranting' execution- probably by shooting - the court would consist of not less than 3 commissioners, and a jury of not more than 5. 'There would be no appeals'. (2) ES3/1976 also mentions that 'regional commissioners would have statutory powers to direct labour'- for clearing of roads, digging latrines and burying the heaps of dead bodies. However concern is also expressed about the urgency to 're establish the monetary economy as soon as possible- this would be a priority'. (2)



The official thoughts emanating from Home Defence exercises reach us through the research of 'New Statesman' journalist Duncan Campbell. They show that in spite of all the detailed plans on the administration and execution of law and order, the authorities fear the worst. That the military and the police would be unable to contain a wave of uproar from a desperate populace. According to Tucker and Gleisner survivors half starved, psychologically deranged and people with deep resentment towards the privileged few in the bunkers, including the regional commissioners, war time controllers etc. would form the foundation for a world of utter despair in the post nuclear world. (6)

What is disturbing is that all these plans of the government- sometimes called the Bunker Network- have already been placed on stand by for real situations, as opposed to mere exercises, situations which had absolutely nothing to do with a feared nuclear attack from the Soviet Union. The first occasion was during the 1973/74 miners strike, which eventually resulted in the downfall of the Heath government, and in 1977 in the battle between the Labour government and the striking fireman. In 1974 Essex County Council published its plans for emergencies. The emergency Planning Officer, Group Captain Power, emphasised that preparing for strikes was 'a major priority of the system.' (5)

The present government is still trying to persuade the public that most of us would survive a nuclear attack, if we followed official advice and complied with any emergency regulations. This is important for them and the other political parties that support the present preparations for another European war, as public acquiescence to war planning is desirable. When pressed in a television interview with Jonathan Dimbleby, Thatcher's then First Defence Minister Francis Pym stated that millions of us must expect to die in order to defend parliamentary

democracy.....

But there doesn't seem to be much of that around in these official plans, does there?

The Nuclear State: Did you know in 1976 a law was passed creating a nuclear police force? It has ready access to firearms. Controlled by the Atomic Energy Authority, it is its own private police force. The Nuclear State:

References:

- 1; home office circular ES1/1979
- 2; home office circular ES3/1976
- 3; Britain and the Bomb- Duncan Campbell et al (New Statesman 1981)
- 4; home office circular 238/1971 (New Statesman)
- 5; Civil Defence- CND booklet
- 6; A. Tucker and J. Gleisner- Crucible of Despair (Menard Press 1982)